

NUTRITION PRODUCTS

Nutritional products used by Astronauts, including Re:Sist and more. Linked via Vollara Purchase areas

SHOP ALL NUTRITION PRODUCTS



Use intro paragraph below & use same product format as Water-Air. Add these to the scroll when they have exhausted their topic a couple times.

Our Vollara line of nutritional supplements offer a wide array of body systems support. If you are lucky enough to grow older, a few supplements can go a long way in making the journey more comfortable. Our products use the highest quality and natural forms for their targeted use, making it easy for your body to absorb the nutrients.

What good are the nutrients on a label if your body cannot make use of them? Our formulas aim to provide vibrance - for a total mind, body and energy. Try our supplements and feel the difference.

The Daily multi-vitamin, Essentials for Life, is NSF Certified for Sport®. This certification verifies that contents match product labels and contain zero prohibited or harmful athletic performance substances. If professional athletes trust our products, what could they do for you? **Testimonials** [hyperlink testimonials](#) from your favorite sport teams.

Nutritional Product Line: [hyperlink to each item below](#)

Dr. Tony's Pomegranate Plus – Cardiovascular, Prostate & Cellular Health

Dr. Tony's Radiant Greens – Healthy cholesterol, better digesting, balancing body's pH, detox

Dr. Tony's Turmeric – Liver function, circulation, weight, anti-inflammatory

CBD Salve – Healthy cholesterol, better digestion, cell regeneration, detox

****Essentials for Life** – 6-in-1 nutritional supplement, antioxidant, vitamins, minerals, flora, enzymes

****Perfect Start** – Low sugar, high protein creamer made from coconut fat w/MCT's

****Re:Absorb** – Vital enzymes to supplement what's missing from processed foods

****Re:Balance** – Healthy bacteria and probiotic flora for digestion

****Re:Flex** – Enzymes, Herbs and anti-oxidant to support muscle and joint health

Re:Mind – Omega-3 fatty acids, DHA (mental & cardiovascular), EPA (Heart Health)

****Re:Plenish** – High level anti-oxidant, resveratrol

****Re:Sist** – Stop sickness in its tracks!! Natural immunity booster.

****Re:Vive** – Enhances energy levels and mental focus without a crash

****Royal Essentials** – Royal Jelly, Vitamin C, B12 – whole food ingredients

****Nutritional Bundle** – 1 Essentials for Life, 1 Re:Mind and 1 Re:Sist – so you can be teflon

****Green star** = video available for product – Separate Document, [NutritionLinks.docx](#)

Use same format requested earlier for Air-water, Ex.:

	Product Description: SKU T-50101-01 Shop Ultra Home UltraSafe SS System – Well Water UltraSafe SS System™ Filtration System for Under 5 - 10 GPM Product Sheet – Science – Installation / Maintenance Order Filters – Order Cleaning Kit Hyperlinks to EA	View More Drop into Product Page
	Product Description: SKU T-50202-01 Shop Ultra Home UltraSafe SS System – Well Water UltraSafe SS System™ Filtration System for Under 10 - 20 GPM Product Sheet – Science – Installation / Maintenance Order Filters – Order Cleaning Kit Hyperlinks to EA	View More Drop into Product Page
	Product Description: SKU T-50403-01 Shop Ultra Home UltraSafe SS System – Well Water UltraSafe SS System™ Filtration System for Under 20 – 40 GPM Product Sheet – Science – Installation / Maintenance Order Filters – Order Cleaning Kit Hyperlinks to EA	View More Drop into Product Page

Tumeric: Helps to support liver function, better circulation, weight management, while offering anti-inflammatory support.

These statements have not been evaluated by the Food & Drug Administration, this product is not intended to diagnose, treat, cure or prevent any disease.

Pomegranate Plus: Helps to support cardiovascular health, prostate health & cellular health, and can be turned into a healthy nutritional smoothie on its own or can be combined with Radiant Greens to experience the Ultimate Nutritional Smoothie to support what your body needs daily.

Radiant Greens: Helps to support healthy cholesterol levels and better digestion, while balancing your body's pH. It is loaded with plant proteins for proper cell regeneration and to remove toxins.

These statements have not been evaluated by the Food & Drug Administration, this product is not intended to diagnose, treat, cure or prevent any disease.

CBD Salve: Helps to support healthy cholesterol levels and better digestion, while balancing your body's pH. It is loaded with plant proteins for proper cell regeneration and to remove toxins.

These statements have not been evaluated by the Food & Drug Administration, this product is not intended to diagnose, treat, cure or prevent any disease.

Essentials for Life - Product Video: <https://vimeopro.com/user107498942/vollara-nutrition/video/492611005>

Essentials for Life: Essentials for Life is the ultimate 6-in-1 complete nutritional supplement system that addresses core daily nutritional supplementation needs with vitamins, minerals, antioxidants, flora and enzymes.

- Increased energy and overall health
- Mineral replenishment
- Promotes stronger bones, healthy hair, skin and nails
- Muscle maintenance
- Added protection from free radical damage
- Digestion support
- Beneficial intestinal bacteria to strengthen immune system
- Increased ability to make lean muscle and burn fat
- Healthy insulin function and blood sugar levels
- Minimizes mood swings
- Reduced food cravings

This product was tested to be absent of peanuts or its derivatives and Tree nuts.

Features & Benefits

- Proprietary whole-food vitamin and antioxidant blend
- Includes both proprietary digestive enzyme and probiotic blends
- 100% vegetarian formula
- Easily absorbed
- Includes a custom-formulated Chelate Activated Enzyme Delivery System for optimal absorption
- Free of lactose, gluten, MSG, salt, sugar, artificial colors, flavors, sweeteners, chemical preservatives, additives and fillers
- Features six nutritional benefits combined into one amazing system:
 - Whole food multi-vitamins replenish essential nutrients
 - Patented chelated minerals for maximum absorption to promote energy and stamina
 - Vital digestive enzymes necessary for proper digestion and nutrient utilization
 - Potent antioxidants for protection against the damaging effects of free radicals
 - Billions of stabilized probiotics to help suppress harmful bacteria and promote digestive health
 - Specific enzymes for metabolizing fat and supporting healthy blood sugar levels

Supplement Facts

Serving Size: 3 Capsules		
Servings Per Container: 56		
	Amount Per Serving	% DV*
Vitamin A (as beta-carotene)	240 mcg	27%
Vitamin C (ascorbic acid)	30 mg	33%
Vitamin D [as cholecalciferol]	30 mcg	150%
Vitamin E (as d-alpha tocopheryl succinate and mixed tocopherols)	10 mg	67%

Thiamine (vitamin B1) (as thiamine HCl)	0.7 mg	58%
Riboflavin (vitamin B2)	0.8 mg	62%
Niacin (as niacinamide)	9.5 mg	59%
Vitamin B6 (as pyridoxal-5-phosphate)	1 mg	59%
Folate (as L-5 methyltetrahydrofolate calcium)	335 mcg DFE	84%
Vitamin B12 (as methylcobalamin)	3 mcg	125%
Biotin	150 mcg	500%
Pantothenic acid (as calcium-D pantothenate)	5.5 mg	110%
Calcium (as calcium bisglycinate chelate buffered calcium bisglycinate chelate, calcium carbonate) (Albion®)	80 mg	6%
Iron (as ferrous bisglycinate chelate)(Ferrochel®)	1.2 mg	7%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium bisglycinate chelate buffered - magnesium bisglycinate chelate, magnesium oxide)(Albion®)	40 mg	10%
Zinc (as zinc bisglycinate chelate)(Albion®)	5 mg	45%
Selenium (as selenium glycinate)(Albion®)	8 mcg	15%
Copper (as copper bisglycinate chelate)(Albion®)	0.6 mg	67%
Manganese (as manganese bisglycinate chelate)(Albion®)	0.4 mg	17%
Chromium (as chromium nicotinate glycinate chelate)(Albion®)	105 mcg	300%
Molybdenum (as Molybdenum Amino Acid Chelate)(Albion®)	8 mcg	18%
Proprietary Whole Food Vitamin & Antioxidant Blend:	398 mg	*
Quercetin dihydrate, resveratrol from japanese knotweed (polygonum cuspidatum) root extract, acerola (malpighia glabra) fruit/cherry extract, garlic (allium sativum) bulb powder, kelp (laminaria digitata) powder, rutin, broccoli (brassica oleracea var. italica) head powder, brassica oleracea var gemmifera (brussel sprout) leaf powder, cabbage (brassica oleracea var. capitata) leaf powder, spinach (spinacia oleracea) leaf		

powder, beet (beta vulgaris) root powder, pomegranate (punica granatum) fruit extract, chlorella (chlorella vulgaris/c.pyrenoidosa) cracked cell wall powder, cranberry (vaccinium macrocarpon) fruit extract, Inulin (from chicory root extract), alfalfa (medicago sativa) leaf and stem powder, blueberry (vaccinium angustifolium) fruit powder, carrot (daucus carota-sativus) root powder, ginger (zingiber officinale) root powder, grape (vitis vinifera) seed extract, cayenne fruit powder, olive (olea europaea) leaf extract, raspberry (rubus idaeus) fruit powder, shiitake (lentinus edodes/lentinula edodes) fruiting body extract, spirulina (spirulina platensis/arthrospira platensis) whole plant powder, sweet potato (ipomoea batatas/convolvulus batatas) root powder, turmeric (curcuma longa) root extract, masson pine (pinus massoniana) bark extract		
Enzyme Blend Complex:	210 mg	*
Acid stable protease, fungal protease, amyloglucosidase (glucoamylase), invertase, maltase, lactase, cellulase, lipase, amylase, peptidase		
Prebiotic & Probiotic Blend: (3.06 Billion CFU+)	143.58 mg	*
Inulin, Streptococcus thermophilus (0.34 billion cfu+), Bifidobacterium bifidum (0.34 billion cfu+), Lactobacillus rhamnosus (0.34 billion cfu+), Lactobacillus plantarum (0.34 billion cfu+), Bifidobacterium longum (0.34 billion cfu+), Bifidobacterium lactis (0.34 billion cfu+), Bifidobacterium breve (0.34 billion cfu+), Lactobacillus acidophilus (0.34 billion cfu+), Lactobacillus paracasei (0.34 billion cfu+)		
Boron (as bororganic glycine) (Albion®)	220 mcg	*
Vanadium (as vanadium amino acid chelate)	100 mcg	*
Vitamin K (as menaquinone-7)	30 mcg	*
Other ingredients: Hypromellose (capsule), rice flour, maltodextrin, silicon dioxide.		
* Daily value (DV) not established		
† At time of manufacture Albion® and Ferrochel® are registered trademarks of Balchem Corporation or its subsidiaries. Patients on anticoagulant therapy should consult with their physicians before taking Vitamin K supplements.		

Perfect Start Product Video: <https://vimeopro.com/user107498942/vollara-nutrition/video/498143191>

Perfect Start: Overview

Perfect Start is a low sugar, high protein creamer made from healthy coconut fat that contains MCTs (medium chain triglycerides), which help you feel full, access your own body fat for energy, and increase your mental clarity.

- Long-lasting, sustainable energy
- Help reduce sugars and increase optimal fatty acids
- Better mental clarity

- Feel fuller longer
- Support natural weight loss

Features & Benefits

- No refrigeration needed
- Natural vanilla flavor
- No added sugars or artificial sweeteners
- Free of artificial flavors and colors
- Doctor formulated
- Easy to blend into beverages

Supplement Facts

Serving Size: (16g)		
Servings Per Container:30		
	Amount Per Serving	% DV*
Calories	110	
Total Fat	10 g	13%*
Saturated Fat	10 g	50%*
Trans Fat	0 g	**
Cholesterol	0 mg	0%
Sodium	50 mg	2%
Total Carbohydrate	2 g	1%*
Dietary Fiber	0 g	0%
Total Sugars	0 g	**
Includes 0g Added Sugars		0%
Protein	3 g	
Vitamin D	0 mcg	0%
Calcium	1 mg	0%
Iron	0 mg	0%
Potassium	69 mg	2%
*The % Daily value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.		
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4		
OTHER INGREDIENTS: Medium Chain Triglycerides (MCT's), Coconut oil powder, Natural flavors, Betaine Anhydrous (as trimethylglycine), Potassium citrate, Potassium Glycinate Complex, L-Serine, Uridine, Stevia		

Re:Absorb product video: <https://vimeopro.com/user107498942/vollara-nutrition/video/500993017>

RE:Absorb: As a supplement, Re:Absorb contains vital enzymes that are normally depleted from over-processed food, and helps ensure your body is able to properly absorb and utilize the nutrients you eat.

- Promotes proper digestion, thereby enhancing health, increasing energy levels and facilitating longevity
- Supports the utilization of protein, carbohydrates, and other nutrients for building muscle
- Ensures nutrients from food or nutritional supplements are better absorbed by the body

Features & Benefits

- High-quality, vegetarian ingredients
- Made from pure plant enzymes
- Contains no gluten, MSG, salt, sugar, artificial colors, flavors, sweeteners, chemical preservatives, additives or fillers

Supplement Facts

Serving Size: 1 capsule		
Servings Per Container: 240		
	Amount Per Serving	% DV*
Zinc (zinc bisglycinate chelate as TRAACS®)	1 mg	9%
Manganese (manganese bisglycinate chelate as TRAACS®)	0.3 mg	13%
Enzyme Blend	87 mg	†
Protease 6.0 10,000 HUT, Amylase 3000 DU, Glucoamylase 5 AGU, Protease 3.0 20 SAPU, Protease 4.5 10,000 HUT, Peptidase 2000 HUT, Lipase 1250 FIP, Lactase 200 ALU, Diastase 135 DPo, Cellulase 100 CU, Invertase 50 SU.		
CAeDS® for Re:Absorb	57 mg	†
TRAACS® Magnesium lysinate glycinate chelate, TRAACS® Calcium bisglycinate chelate, TRAACS® Zinc bisglycinate chelate, TRAACS® Manganese bisglycinate chelate		
† Daily Value (DV) not established.		
Other Ingredients: Beet root fiber, hypromellose, cellulose, beet root powder, water and medium chain triglyceride powder.		
TRAACS is a registered trademark of Albion Laboratories, Inc.		

Re:Balance: <https://vimeopro.com/user107498942/vollara-nutrition/video/500177105>

Re:Balance

Overview

Re:Balance has 12 strains of healthy bacteria to support and maintain the growth of billions of probiotic flora designed to survive the digestive processes and colonize in the digestive tract to strengthen your body's defenses and support optimum intestinal function.

- Strengthens your body's defenses and supports overall health
- Helps support and maintain the growth of probiotic flora as well as healthy functioning of the intestinal tract
- Proven to improve digestion and elimination

- Supports the body's 'second immune system' by suppressing harmful bacteria
- Produces enzymes essential to proper intestinal function

Features

- 12 strains of friendly bacteria
- Natural, 100% vegetarian ingredients
- Provides over 4.5 billion units of flora per serving
- Includes patented Magnesium Glycyl Glutamine (MGG), the stabilized form of glutamine—supporting the stability and growth of beneficial bacteria
- Custom formulated Chelate Activated Enzyme Delivery System (CAeDS®) for guaranteed maximum effectiveness

Supplement Facts

Serving Size: 3 Capsules		
Servings Per Container: 80		
	Amount Per Serving	% DV*
Vitamin C (as calcium ascorbate)	90 mg	100%
Zinc	0.4 mg	4%
Manganese	0.17 mg	7%
Jerusalem artichoke root inulin	90 mg	*
Probiotic Blend:	6 billion CFU (67 mg)	*
<i>Lactobacillus reuteri; Bifidobacterium longum; Lactobacillus acidophilus; Lactococcus lactis; Lactobacillus brevis; Streptococcus thermophilus; Bifidobacterium bifidum; Lactobacillus rhamnosus; Lactobacillus bulgaricus Lactobacillus salivarius; Bifidobacterium infantis; Lactobacillus plantarum</i>		
Proprietary Re:Balance Blend:	70 mg	*
Enzyme Blend: Amylase, Lipase, Cellulase, Protease, Magnesium Bisglycinate Chelate Buffered – Magnesium Bisglycinate Chelate, Magnesium Oxide (Albion®), Calcium Bisglycinate Chelate (Albion®), Zinc Bisglycinate Chelate (Albion®), L-Glutamine, Manganese Bisglycinate Chelate (Albion®)		
† Daily value (DV) not established		
Other ingredients: Microcrystalline cellulose, hypromellose, medium chain triglyceides. Albion® is a registered trademark of Balchem Corporation or its subsidiaries.		

Re:Flex Product Video: <https://vimeopro.com/user107498942/vollara-nutrition/video/502349499>

Re:Flex:

Overview

Re:Flex is a proprietary blend of enzymes, powerful herbs and antioxidants specifically formulated to support muscle and joint health while helping you recover more quickly from physical activity.

- Effectively supports the body in repairing tissue following an injury
- Promotes faster recovery from exercise and competition
- Helps maintain healthy muscles and joints
- Encourages production of the body's own powerful antioxidant enzyme – SOD – for faster recovery

Features & Benefits

- Contains a blend of antioxidant ingredients like grape seed extract, turmeric, and lycopenes to support for the body's healing processes and aid recovery
- Contains a combination of natural herbs and proteolytic enzymes that support the immune system's natural anti-inflammatory processes
- Contains no lactose, gluten, MSG, salt, sugar, artificial colors, flavors, sweeteners, chemical preservatives, additives or fillers

Supplement Facts

Serving Size 3 Capsules		
Servings Per Container 28		
	Amount Per Serving	% DV*
Calcium (as Calcium Bisglycinate Chelate) (Albion®)	22.2 mg	2%
Magnesium (as Magnesium Lysinate Glycinate Chelate) (Albion®)	6 mg	1%
Zinc (as Zinc Bisglycinate Chelate) (Albion®)	5.19 mg	47%
Selenium (as Selenium Glycinate) (Albion®)	79.2 mcg	144%
Copper (as Copper Bisglycinate Chelate) (Albion®)	0.36 mg	40%
Manganese (as Manganese Bisglycinate Chelate) (Albion®)	2.79 mg	121%
Indian Frankincense Gum Resin Extract	405 mg	†
Turmeric (<i>Curcuma Longa</i>) Root Powder	255 mg	†
Feverfew (<i>Tanacetum Parthenium</i> / <i>Chrysanthemum Parthenium</i>) stem and leaf powder	204 mg	†
Protease Complex	308.9 mg	†
Grape (<i>Vitis Vinifera</i>) Seed Extract	69 mg	†
Bromelain Complex	55 mg	†
Catalase Complex	75 mg	†
Lycopene	1.2 mg	†

Amylase Complex	17.1 mg	†
L-cysteine HCl (as L-cysteine HCl Monohydrate)	6.75 mg	†
Cellulase Complex	9.2 mg	†
Pectinase Complex	100 mg	†
Lipase Complex	58.5 mg	†
Amyloglucosidase Complex	12 mg	†
† Daily value (DV) not established		
Other ingredients: Hypromellose (Capsule), Maltodextrin, Microcrystalline Cellulose, Silicon Dioxide, Magnesium Stearate.		
Albion® is a registered trademark of Balchem Corporation or its subsidiaries.		

Re:Mind:

Overview

Re:Mind is a balanced source of omega-3 essential fatty acids that promote cardiovascular and total body wellness.

- Contains Docosahexaenoic acid (DHA), which supports mental development and cardiovascular health
- Contains Eicosapentaenoic acid (EPA) that research has suggested may support heart health
- Omega-3s may contribute to healthy cognitive function, mood and behavior

Features & Benefits

- Provides source of omega-3 fatty acids that the body alone can't produce
- Fresh, natural lemon flavor prevents fishy aftertaste

Supplement Facts

Serving Size: 1 softgel capsule		
Servings Per Container: 56		
	Amount Per Serving	% DV*
Calories	15	
Total fat	1.5 g	2%
Cholesterol	<5 mg	<2%
Omega III fatty acids	800 mg	†
EPA - eicosapentaenoic acid (400 mg)		
DHA - docosahexaenoic acid (300 mg)		
Other Omega-3 fatty acids (100 mg)		
*Percent Daily Values based on a 2,000 calorie diet.		
† Daily value (DV) not established		

Other Ingredients: capsule (gelatin, glycerin, and purified water), proprietary antioxidant blend (consisting of rosemary extract and natural tocopherols), natural lemon flavor.

Re:Plenish Product Video: <https://vimeopro.com/user107498942/vollara-nutrition/video/597440295>

Re:Plenish:

Overview

Re:Plenish is a unique product that provides a proprietary blend of red grape juices including the powerful Muscadine, Syrah and Cabernet grape juices, which provide high levels of antioxidants and resveratrol, and a natural grape pomace powder for added antioxidant benefits.

- Fights free radicals
- Supports healthy circulation and immunity
- Provides nutritional support for healthier-looking skin
- The benefits of red wine without the alcohol and excessive calories
- Easy to take

[Click Here for More Details](#)

Features

- Provides 3776 ORAC units per serving
- Boasts total phenol level of 3564 mg/L – 4x greater than muscadine wine and 6x greater than cabernet
- Helps support the body's fight against the free radicals
- No added sugar
- Natural, highest quality 100% vegetarian ingredients
- Contains no lactose, gluten, MSG, salt, artificial colors, flavors, chemical preservatives, additives or fillers
- Contains no milk, egg, wheat, soy, peanuts, nuts, corn, fish or shellfish

Supplement Facts

Serving Size 2 oz (57g)		
Servings Per Container 12		
	Amount Per Serving	% DV*
Calories 18	Calories from Fat 0	
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	0%
Cholesterol	1mg	1%
Sodium	1mg	1%
Total Carbohydrate	23mg	8%
Dietary Fiber	0g	0%
Sugars	10g	
Protein	<1g	
Vitamin A	3%	Vitamin C 1%

Calcium	1%	Iron 0%
*Percent Daily Values based on a 2,000 calorie diet.		
Ingredients: Water, Muscadine Juice concentrate, Syrah Grape Juice concentrate, Cabernet Grape Juice concentrate, Grape Pomace Extract.		

Re:Sist Product Video: <https://vimeopro.com/user107498942/vollara-nutrition/video/790937943>

Re:Sist: *(This line is a mistake and will not delete. Please ignore it & delete.)*

Overview

Re:Sist supports the immune system with a unique combination of natural extracts and vitamins. Crude Arthrospira platensis, part of the IMMULINA extract in Re:Sist, has been show to have the ability (1,000 times greater) to balance and enhance the human immune system when compared to other botanical immune stimulation extracts.

- Helps regulate and balance the cascade of body's own immune responses
- Helps strengthen host immune system and enhance defenses

Features & Benefits

- Helps regulate and balance the cascade of body's own immune responses
- Boosts natural killer (NK) cell activity by 40%
- Contains a proprietary blend of herbal extracts that supports and maintain the immune system, including antioxidants to prevent damage from free radicals

Supplement Facts

Serving Size 1 Capsule		
Servings Per Container 30		
	Amount Per Serving	% DV*
Vitamin C (as ascorbic acid)	25 mg	28%
Zinc (as zinc citrate)	10 mg	91%
Spirulina extract (IMMULINA™)	200 mg	†
Elderberry fruit extract 10:1	20 mg	†
Astragalus root extract 10:1	10 mg	†
Echinacea extract (4% polyphenolics) (aerial parts)	10 mg	†
Reishi mushroom	10 mg	†
Aloe barbadensis leaf 200x (inner gel)	10 mg	†
Larch tree arabinogalactans	10 mg	†
† Daily value (DV) not established		
Other ingredients: Capsule shell (hypromellose, titanium dioxide), magnesium stearate, medium chain triglycerides, silica and microcrystalline cellulose.		

The Re:Sist proprietary formulation contains IMMULINA™, a patented micro-algae complex recognized by leading clinical scientists as supporting a balanced immune system.*

Suggested Usage: Take one capsule daily.

Storage: Store at 15-30°C (59-86°F). Protect from heat, light & moisture. Do not purchase if seal is broken.

Warning: Keep out of reach of children. Check with your health care practitioner prior to taking if you are pregnant, lactating or have a medical condition.

Re:Vive Product video: <https://vimeopro.com/user107498942/vollara-nutrition/video/499382048>

Re:Vive:

Overview

- Enhances energy levels and mental focus
- Supports the immune system
- Helps maintain well-being
- Won't cause the crash often associated with other energy supplements
- Convenient, delicious fizz in a refreshing wild berry flavor
- Easy to take on-the-go and share with others

Features & Benefits

- Sweetened naturally with Stevia leaf
- Contains 50+ vitamins, minerals, enzymes, and extracts
- Made with 3 proprietary blends of antioxidants and enzymes that provide a daily supply of essential vitamins and minerals

Supplement Facts

Serving Size 1 stick packet (9.2 g)

Servings Per Container: 14

	Amount Per Serving	% DV*
Calories	5	
Total carbohydrates	1 g	<1%*
Vitamin C (as ascorbic acid and potassium ascorbate)	500 mg	556%
Vitamin D (as cholecalciferol)	12.5 mcg	63%
Vitamin E (as d-alpha tocopheryl acetate)	13.4 mg	89%
Vitamin B1 (as thiamine mononitrate)	1.5 mg	125%
Vitamin B2 (as riboflavin)	1.7 mg	131%
Niacin (as niacinamide)	20 mg	125%

Vitamin B6 (as pyridoxine hydrochloride)	20 mg	1,176%
Folate	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B12 (as cyanocobalamin)	200 mcg	8.333%
Pantothenic Acid (as D-calcium pantothenate)	10 mg	200%
Calcium (as calcium citrate)	50 mg	4%
Iodine (as kelp)	30 mcg	20%
Magnesium (as magnesium citrate)	25 mg	6%
Zinc (as zinc citrate)	2.5 mg	23%
Selenium (as selenomethionine)	20 mcg	36%
Manganese (as manganese citrate)	0.7mg	30%
Chromium (as chromium nicotinate glycinate chelate)	50 mcg	143%
Potassium (as potassium carbonate, ascorbate and citrate)	306 mg	7%
Proprietary Energy Blend	2,417 mg	†
Taurine, Blue agave inulin, Red beet root, Glucoronolactone, Caffeine anhydrous and Guarana seed extract (supplying 150 mg caffeine), Bacopa monnieri extract (whole plant)		
Proprietary Focus Blend	1,928 mg	†
Trimethylglycine, Pyroglutamic acid, N-Acetyl-L-Tyrosine, DMAE bitartrate, Ginkgo biloba leaf extract, Choline (from choline dihydrogen citrate), Huperzia serrata (whole plant) (1% Huperzine-A), BioPerine® (black pepper fruit extract)		
Proprietary Cardio Blend	988 mg	†
Acetyl-L-Carnitine HCl, Korean ginseng root, Acai fruit (Euterpe oleracea) (from 20 mg of 5:1 extract), N-Acetyl-L-cysteine, Grape seed extract, Sea buckthorn juice powder, Alpha-lipoic acid, Grape skin extract, Wild blueberry extract, Cranberry concentrate, Raspberry extract, Prune, Strawberry concentrate, Tart cherry concentrate, Wild whole bilberry extract, Quercetin dihydrate, Coenzyme Q10, Resveratrol (from Polygonum cuspidatum root extract), Muscadine grape seed extract, Pomegranate fruit extract, Extramel® melon extract, Lutein (from marigold flower extract)		
DL-Phenylalanine	250 mg	†

† Daily Value (DV) not established.

Other Ingredients: Citric acid, natural and artificial flavor, steviol glycosides, beet root (for color), and silica.

Royal Essentials Product Video: <https://vimeopro.com/user107498942/vollara-nutrition/video/508140915>

Royal Essentials:

Overview

Royal Essentials is a supplement that combines Royal Jelly, Vitamins C and B12, whole food ingredients and unpasteurized honey to support a healthy cardiovascular system.

- Contains natural, heart-healthy nutrients
- Easy to take
- Vitamin B12 is instrumental in supporting healthy homocysteine levels
- Features Vitamin C, which promotes the production of collagen –the protein that supports healthy blood vessels
- Low calorie and low carb

Features & Benefits

- Contains 16,000 mg of Royal Jelly per bottle
- Only 5 calories per serving
- Natural honey formula

Supplement Facts

Serving Size: ½ teaspoon (2.5 mL)

Servings Per Container: 144

	Amount Per Serving	% DV*
Calories	5	
Total Carbohydrate	2 g	<1%*
Sugars	2 g	†
Vitamin C (as ascorbic acid)	75 mg	125%
Vitamin B12 (as methylcobalamin)	2 mcg	33%
Royal Jelly	112.5 mg	†
Honey	2.25 g	†

*Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Filtered water, Sodium hexametaphosphate (preservative), magnesium chloride, disodium ethylenediaminetetraacetic acid (EDTA) and bee pollen.

Suggested Usage: Take one half teaspoon twice daily.

Note: The color, taste, and texture of this product may vary due to its natural ingredients and/or seasonal changes.

Storage: Store at 59-86 °F (15-30 °C). Protect from heat, light, and moisture.

Warning: Keep out of reach of children. Consult your physician prior to using this product if you are pregnant, nursing or have any pre-existing medical conditions. Do not purchase if seal is broken.

Caution: Do not give to children under 2 years of age.

Essentials Nutritional Bundle

The Essential Nutrition Bundle provides vitamins and minerals your body needs which includes:

- 1 Essentials for Life Re:Fuel Formula
- 1 Re:Mind
- 1 Re:Sist

Benefits include:

- Improve immune system function
- Decrease oxidative stress
- Decrease chronic inflammation
- For proper digestion and nutrient utilization
- Replenish essential nutrients
- Leveraging an enhanced Fruit and vegetable blend

Order this package through Subscribe + Save to get set up on automatic shipments.

SKU 9981596

Essentials for Life & Re:Vive

Overview

Includes One Package of Essentials for Life and Re:Vive

ESSENTIALS FOR LIFE

- Complete nutritional supplement system provides core daily nutrients
- Combines six different Vollara supplements into one
- 100% whole-food nutritional foundation supports overall health and energy
- Replenishes minerals to promote strong bones plus healthy skin, hair + nails
- Provides high levels of antioxidants
- Replaces beneficial intestinal bacteria

RE:VIVE

- Enhances energy levels + mental focus
- Supports the immune system
- Helps maintain well-being
- Won't cause the crash often associated with other energy supplements
- Easy to take on-the-go + share with others
- Convenient, delicious fizz in a refreshing wild berry flavor

Product Details

Click Here for Essentials for Life Details [Hyperlink to the product](#)

Click Here for Re:Vive Details [Hyperlink to the product](#)

Re:Flex 3-Pack:

Overview

Re:Flex is a proprietary blend of enzymes, powerful herbs and antioxidants specifically formulated to support muscle and joint health while helping you recover more quickly from physical activity.

- Effectively supports the body in repairing tissue following an injury
- Promotes faster recovery from exercise and competition
- Helps maintain healthy muscles and joints
- Encourages production of the body's own powerful antioxidant enzyme – SOD – for faster recovery

Features & Benefits

- Contains a blend of antioxidant ingredients like grape seed extract, turmeric, and lycopenes to support for the body's healing processes and aid recovery
- Contains a combination of natural herbs and proteolytic enzymes that support the immune system's natural anti-inflammatory processes
- Contains no lactose, gluten, MSG, salt, sugar, artificial colors, flavors, sweeteners, chemical preservatives, additives or fillers

Supplement Facts

Serving Size 3 Capsules		
Servings Per Container 28		
	Amount Per Serving	% DV*
Calcium (as Calcium Bisglycinate Chelate) (Albion®)	22.2 mg	2%
Magnesium (as Magnesium Lysinate Glycinate Chelate) (Albion®)	6 mg	1%
Zinc (as Zinc Bisglycinate Chelate) (Albion®)	5.19 mg	47%
Selenium (as Selenium Glycinate) (Albion®)	79.2 mcg	144%
Copper (as Copper Bisglycinate Chelate) (Albion®)	0.36 mg	40%
Manganese (as Manganese Bisglycinate Chelate) (Albion®)	2.79 mg	121%
Indian Frankincense Gum Resin Extract	405 mg	†
Turmeric (<i>Curcuma Longa</i>) Root Powder	255 mg	†
Feverfew (<i>Tanacetum Parthenium</i> / <i>Chrysanthemum Parthenium</i>) stem and leaf powder	204 mg	†
Protease Complex	308.9 mg	†
Grape (<i>Vitis Vinifera</i>) Seed Extract	69 mg	†
Bromelain Complex	55 mg	†
Catalase Complex	75 mg	†

Lycopene	1.2 mg	†
Amylase Complex	17.1 mg	†
L-cysteine HCl (as L-cysteine HCl Monohydrate)	6.75 mg	†
Cellulase Complex	9.2 mg	†
Pectinase Complex	100 mg	†
Lipase Complex	58.5 mg	†
Amyloglucosidase Complex	12 mg	†
† Daily value (DV) not established		
Other ingredients: Hypromellose (Capsule), Maltodextrin, Microcrystalline Cellulose, Silicon Dioxide, Magnesium Stearate.		
Albion® is a registered trademark of Balchem Corporation or its subsidiaries.		